



Family Matters

Creating Happy Families

22nd September 2013

ORGANISED BY **FAMILY ENRICHMENT IRELAND**
IN CONJUNCTION WITH **ROSEMONT SCHOOL**

The aim of this seminar is to help parents foster friendship within the family, understand the emotional needs of each individual and promote good habits.

PROGRAMME

- 11.45 am Registration and Coffee
- 12.15 pm Session 1: **Preparing for the teen years: building and maintaining strong relationships with your pre-teens.**
Vickie Teetor
This talk will help you as parents to be ready for the teen years and will give you an idea of what to expect.
- 13.30 pm Lunch
- 14.45 pm Session 2: **Understanding the place of emotions, their expression and communication.** **Dr Miriam Kennedy**
This workshop will focus on the place of emotions within the family: their expression, role, personality interactions, communication and integration into a happy, safe, nurturing environment.
- 16.00 pm Session 3: **iKids – is family life still possible?**
Vickie Teetor
Helping your children develop good habits in family life.
- 17.00 pm **Family forum**
A group of parents will share their experience of participating in a *Family Enrichment* course.
- 17.30 pm Conclusion

*Mass will be celebrated at 11.00 am in Rosemont School for those who wish to attend.

SPEAKERS

Vickie Teetor was born in New York and graduated from Boston University with a BA in Art History. She taught at Marymount School in New York City. At present she teaches part-time at Montclar School in Igualada, Spain. She has extensive experience with the International Federation for Family Development (IFFD) in researching, developing and implementing the IFFD courses in various countries. She works closely with her husband in IFFD in the areas of research and global training. She is the mother of 9 children.

Dr Miriam Kennedy is a Consultant Psychiatrist and Psychotherapist with extensive experience in Education. She has a special interest in the *Physiology of Stress*, and additionally is working on research into capacity to consent, and human rights. Her combination of scientific training, medical and psychological works bring to the workshop skills to enable each participant to leave with a new/renewed personal area of growth.

FAMILY MATTERS, Sunday 22nd September 2013, 11.45am – 5.45pm
Rosemont School, Sandyford, Enniskerry Road, Dublin 18

Booking Form

Family Matters – Sunday, 22nd September 2013

Name: _____

Address: _____

Telephone: _____

Mobile: _____

Email: _____

Signature: _____

Date: _____

Seminar fee: €50 per person, €75 per couple. Light lunch included.
Child minding facilities available: Please specify names and ages of children*.

Places for child-minding are limited: availability is subject to bookings being received before 13th Sept 2013.
*Parents need to bring food and any other necessary items for the children.

I enclose cheque for €50 per person, €75 per couple. Payable to: **Family Enrichment Ireland**
Please post to: **Family Enrichment Ireland**. "Barra", 51 Monkstown Road, Blackrock, Co. Dublin.

Family Enrichment Ireland
www.familyenrichmentireland.org
Helping parents do their job in a more professional way.

Rosemont School
www.rosemont.ie
Working with families to teach ownership of learning and goal setting.

Location: Rosemont School, Sandyford, Enniskerry Road, Dublin 18

